

Practical Daily Pleasure-- Creating Pleasurable Habits

Post by "Elayne" of November 6, 2019 at 9:04 PM

Even for maintenance, it depends on whether one enjoys the process of maintaining whatever possession it is in question (in addition to the pleasure of having and/or using the object. I happen to enjoy certain types of routine maintenance. As for the work needed, if the work itself is enjoyable this is not a problem either. As long as you keep pleasure as the criterion, making these types of decisions tends to be relatively easy in my experience.