

# Practical Daily Pleasure-- Creating Pleasurable Habits

Post by "Cassius" of November 6, 2019 at 5:00 AM

[Quote from wynnho](#)

this subject is what I came to this site for...practical things, not just ideological.

Wynnho's comment is a good reminder that some number of people are going to come to this website hoping to go straight to a "practical tips" section rather than being sure that they understand the philosophy first.

We should probably make a subsection devoted just to people like this, combining some initial advice with explanation of why this approach can at times be counterproductive.

So as the thread continues it would be good to consider discussing both (1) the hazards of this approach (how do you know what will bring you happiness if you don't know what happiness is?) and (2) examples of specific \*preliminary\* advice on practical steps that might be generally applicable.

If we don't orient people quickly to the hazards of for using on tools, we will find ourselves giving esthetic design advice for assistance in arranging the deck chairs on the Titanic.

But we \*can\* still give some tips that ought to be immediately useful to most everyone.