

Practical Daily Pleasure-- Creating Pleasurable Habits

Post by "Charles" of November 5, 2019 at 10:43 PM

I love the contrast here, between Elayne's "Maximalism" & Wynn's Minimalism. Though you could easily see the two and want to find some median between them, I think that would be redundant as long as both are Epicurean. While VS 63 comes to mind, we should all embrace the pleasure that comes with finding, and living comfortably within our own style.

Frankly, I'm more of the maximalist mindset that [Elayne](#) has, I indulge in the extreme pleasures, right up to that limit, often pushing the envelope until I realize I may need to take a step back and examine my choices through the hedonistic calculus as a fall-back method, but when that refrain has had its time, I quickly reciprocate to more pleasure.