

# Wilson (Catherine) - "How To Be An Epicurean"

Post by "Hiram" of November 5, 2019 at 4:15 PM

[Quote from Cassius](#)

Thank you Hiram!!!

Lots to comment on but sadly this immediately jumps out at me:

Rather than aiming specifically to maximise pleasure, the Epicureans [concentrated](#) on minimising pains, the pains that arise from failures of 'choice and avoidance'. "

Argh!!!!!!

You should pitch your own articles to publications like Partially Examined Life, etc. if you really want your own views and interpretations to be available.