

Wilson (Catherine) - "How To Be An Epicurean"

Post by "Cassius" of November 5, 2019 at 8:31 AM

Let me reassure you that real Epicureanism is neither frivolous nor dangerous to health, nor a threat to other people. Epicurus himself pointed out that the direct pursuit of pleasurable sensations is usually self-defeating. At the same time, he stated clearly that the best life is one free of deprivations, starting with freedom from hunger, thirst and cold, and freedom from persistent fears and anxieties. Living well requires friends to entertain and comfort us

This is going to go down as one of the most ridiculous statements in the book. As part of our review we ought to come up with a collection of "incorrect" statements, and I have to think this one would be near the top!