

# Pleasure vs Happiness (?) Discussion of Hiram's "In Defense of Eudaimonia"

**Post by "Elli" of October 21, 2019 at 2:48 AM**

Although Epicurus begins his letter to Meneoceus mentioning the greek word "eudaemonia" for which its accurate translation in english is "bliss" and has for its synonym word "makariotita", he continues describing this word so clearly like the clear water springs from a natural fountain on the mountain of Olympus. More high, more clear and more accurate meaning in this word "eudaemonia" that is bonded firmly with pleasure, no any other philosopher gave or will give it in all the eternities.

I insist our philosophy is not spiritual it is physical, as the body and soul is one and the same thing. And as Nietzsche who was influenced by Epicurus said it : "There is more wisdom in your body than in your deepest philosophy".

Lucretius in book III remarks : "The mind is a part of the body. It is not a harmony, but has a specific physical location". As he also says and unites the physics/science with ethics : "Mind and spirit are corporeal - they are also made up of atoms, but extremely smooth, round and small ones".

Yes, do not be amazing, in these passages Lucretius describes the molecules, the cells. And as in that article there is mentioning of health, in the near future Bio-genetics will offer many beneficial results/cures for the most of the diseases. I imagine the doctors of tomorrow who with their prescription with medicines they will offer the book by Norman DeWitt saying : Hey men, read this book that is for Epicurus' philosophy. Do not fear god and death and enjoy the pleasures of life. These fears and your ignorance what is your ultimate goal in life led your molecules more quickly to cancers, to coronary artery disease, the prostate etc etc. 😊