

# **Pleasure vs Happiness (?) Discussion of Hiram's "In Defense of Eudaimonia"**

**Post by "Elayne" of October 20, 2019 at 1:24 PM**

Also, whichever circles it is he is talking about think eudaimonia and pleasure are mutually exclusive. Definitely not us. We think eudaimonia is made of pleasure.

What I can definitely say is that Aristotle's definition of eudaimonia is mutually exclusive with a happy life though. Lol. Totally going with Epicurus on that!