

# Continuous Life Improvement

Post by "Cassius" of October 2, 2019 at 9:28 PM

Wow that is excellent! That took some effort!

There was only one place that raised a question in my mind - the heading \*Ignore Negative Inputs\* i wonder whether some word other than ignore would be better.

But that is very minor.

I do have a more substantive thought that some here will recognize that we have been raising recently, and that is the issue of focusing on pleasure " over the long run" vs. "short term." It is interesting to consider the role of time in the analysis and whether it is what Epicurus intended to favor the longer time as always better. There is in fact the specific reference in Menoecus to choose not the longest, but the happiest life (if i recall the wording). It is interesting to consider the limits of long vs short term analysis in that light. Some of us have been discussing - if not "length of time" then in what other ways is pleasure measured. "Intensity"? And how should those relative measurements be compared? Because it appears that Epicurus clearly did not advise to always choose the "longest" pleasure (this may relate to the "purity" of the experience as well, in terms of whether it is "pure pleasure" or "mixed" with pain (which is itself something that must be approached carefully).

But I want to repeat - great work and thanks for posting!