

# Are You Epicurean Or Hieronymian?

**Post by "Cassius" of October 1, 2019 at 6:32 PM**

Poster GW: "But is it not a Principal Doctrine that, "Pleasure reaches its maximum limit at the removal of all sources of pain. When such pleasure is present, for as long as it lasts, there is no cause of physical nor mental pain present - nor of both together."?

Poster A:

"...the complete removal of pain has correctly been termed a pleasure.

Even Cicero forwarded Torquatus' writing:

The happiness we pursue does not consist solely of the delightful feelings of physical pleasures.

On the contrary, according to Epicurus, the greatest pleasure is that which is experienced as a result of the complete removal of all pain.

When we are released from pain, the mere sensation of complete emancipation, and relief from distress, is itself a source of great gratification.

But everything that causes gratification is a pleasure, just as everything that causes distress is a pain.

Therefore, the complete removal of pain has correctly been termed a pleasure.

For example, when hunger and thirst are banished by food and drink, the mere fact of getting rid of those distresses brings pleasure as a result.

So as a rule, the removal of pain causes pleasure to take its place.