

# A Useful Analogy: The Preflight Checklist

Post by "Cassius" of September 20, 2019 at 6:57 AM

Wow there is a lot of good stuff in that speech on exactly the point you say Nate! Now there is also a lot of "politics" that I think would be beyond the scope and interest our our Epicurean studies to explore, but you are very right to cite the key points that you did. I especially like this one:

## [Quote from Nate](#)

. So it is not surprising that some would have us stay where we are a little longer to rest, to wait. But [...] this [...] was not built by those who waited and rested and wished to look behind them [but] by those who moved forward - and so will space.

That seems to me to circle around the great debate we need to have in Epicurean philosophy - whether life is ONLY about resting (as some advocate) or whether action (pleasurable action) is at least as important as rest. Both "rest" and "action" can be pleasurable, so we need both, but to imply that "action" is somehow non-Epicurean is the road back into the cave.