

Welcome Todd!

Post by “Todd” of September 7, 2019 at 6:59 PM

I'm a software engineer in the Phoenix, AZ area. Several years ago I went through a period of studying different philosophies as guides to living. I found it frustrating that so many involved mysticism, or required the practitioner to take it on faith that believing or acting as prescribed would produce the desired results. It was refreshing to discover in Epicurus a philosophy clearly grounded in reality, surprisingly in accord with modern science, and intended specifically as a guide to a happy life.

I was fortunate to find NewEpicurean.com early on, as one of the few active blogs dedicated to Epicurus. So I didn't have the problem of starting from a Stoicized interpretation. I was on the Facebook group for a bit, but I incline more toward lurking than active participation.

Aside from philosophy, some of my other interests include economics, history, strength training, and quantitative trading/investing.