

# On "Sober reasoning"

Post by "Hiram" of August 25, 2019 at 12:03 AM

I don't know how well he knows the physics but he's a librarian and very well read.

When I think of theory of contemplation I am thinking mainly of this quote by Sam Harris:

<https://samharris.org/killing-the-buddha/>

## A Contemplative Science

What the world most needs at this moment is a means of convincing human beings to embrace the whole of the species as their moral community. For this we need to develop an utterly nonsectarian way of talking about the full spectrum of human experience and human aspiration. We need a discourse on ethics and spirituality that is every bit as unconstrained by dogma and cultural prejudice as the discourse of science is. What we need, in fact, is a [contemplative](#) science, a modern approach to exploring the furthest reaches of psychological well-being.