

Diet, Fasting, And Anti-Establishmentarian Tactics

Post by "Martin" of August 24, 2019 at 5:12 AM

If our equivalent to the work of Otto Warburg is the work of Norman Dewitt, I very much hope that we are not the equivalent of Thomas Seyfried.

I see no reason to doubt the validity of the lab work done by him and his team and those whose work he references. However, out of his passion to help cancer patients, he resorts to conclusions and recommendations which are exaggerated, misleading, overly general, premature.

He implies that the aspects of cancer as a genetic disease and as a metabolic disease are mutually exclusive. This is nonsense. They go hand in hand. Main stream oncological research has followed up with a lot of work on Warburg's results.

Those gross professional mistakes and associating himself with known quacks certainly has damaged Seyfried's reputation among scientists and increased his popularity with conspiracy theorists.

So, he is rather an example of how not to proceed to promote a philosophy.

Low-carb diets are probably OK to try out. I see a good chance that they may help with diabetes and maybe even slow down the growth of some types of cancer cells. However, for most types of cancers, they are probably irrelevant. Even those types which are slowed down are unlikely to get cured by the low-carb diets because the body maintains a considerable level of glucose in the blood to prevent death from extreme hypoglycemia.