

# To A Very Happy 20th

**Post by “Joshua” of August 21, 2019 at 4:08 PM**

Happy belated 20th! I've been rather busy with family things since I've been 'home' (at a friends house). I attended a Catholic Mass for the first time in a decade. I was an altar boy once, but I discovered that I have forgotten nearly everything!

That's the importance of having a 'practice'. If we study a bit more each day, intoning the words and internalizing their meanings, and really *realizing* those teachings in our lives, we will by degrees achieve that which is the object of our school.

I hoped to have something recorded this week, but we'll have to be patient a bit longer 😊 I hit the road again tomorrow.

Immortal blessings!

-josh