

Discussion of the thread - Against Katastematic Supremacy - Pleasure Is A Unified Whole And Not A House Divided - Forum Editorial Policy

Post by “DaveT” of August 5, 2026 at 11:05 AM

[Quote from Cassius](#)

Like I said I read your comments yesterday closely and I very much appreciate them because they are helping me focus in on the deepest issues.

As I feel the same way about your part of this discussion

[Quote from Cassius](#)

Since pleasure and pain cannot coexist at the same space per [PD03](#), any particular pleasure can also be called "absence of pain."

I can't agree with this "If--then" proposition. Pleasure and pain can exist in the same space, if you meant to say simultaneously. Is that even arguable?

And so say any particular pleasure can be called "absence of pain" is true on its face, but I don't know who would say such a thing. I don't know where ancient Epicureans would have said it.

[Quote from Cassius](#)

The point of [PD04](#) is to emphasize the point that we should NOT obsess about pain

Obsess? That is an emotionally charged word. Certainly [PD04](#) can be read to infer that, but so what?

[Quote from Cassius](#)

we should NOT obsess about pain or make it the focus of our lives, because pain is ultimately manageable - it can be terminated by death if it gets too severe, and when it is not so severe we can almost always find ways to experience offsetting pleasures that outweigh those pains.

And to continue, that pain is manageable, as you concur supports everything I've been trying to say. The finding ways to experience offsetting pleasures is always the hard part and we have a

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head start when as Epicurus says plainly the absence of pain is pleasure. This is the starting point. Repeat, the starting point for everyday life. Do this, I think Epicurus is saying and you are already on the way. Find other pleasures, the natural necessary and the natural but unnecessary ones, and you will be well positioned for a happy life.