

Discussion of the thread - Against Katastematic Supremacy - Pleasure Is A Unified Whole And Not A House Divided - Forum Editorial Policy

Post by “DaveT” of August 5, 2026 at 10:36 AM

[Quote from Cassius](#)

So yes Epicurus is telling you that every time you eliminate pain what takes its place is "a" pleasure. But it would be the height of irresponsibility not to calculate your actions to make sure that your pleasures that you achieve in your circumstance are those of the longest duration, greatest intensity, and involved the most of the total mind and body that are possible to you.

Here, it is good to see we agree. Again, and as always he trusts us to use the hedonic calculus, but as to the beginning of our journey, deal with the pain, and you are already a good solid step in a happy life.