

FollowUp On Quote Submitted By Pacatus - "It is not a sign of good health to be well adjusted to a sick society."

Post by "Patrikios" of July 19, 2026 at 12:03 PM

Quote

[Quote from Patrikios](#)

Is it wrong to pursue both kinetic and katastemic pleasures, especially the katastemic pleasures one feels when deeply studying and grasping some deep Epicurean concept?

Quote

What is wrong is that what you are describing there is a pleasure of change - of motion - and there is no authoritative reason to consider what you are describing as katastematic at all. THAT is the problem - any activity including studying is much more likely to have been considered kinetic than katastematic. We need to pursue these activities for the pleasure that they bring , not because we like the sound of the word katastematic so we can slap that label on it.

[Cassius](#)

So, is the point you are making that "studying of texts" is a kinetic pleasure and the knowledge acquired from grasping the concepts is the static pleasure (katastematic - state of being) that results from the kinetic studying?

In my #67 post, where I stated "*the katastemic pleasures **one feels** when deeply studying and grasping some deep Epicurean concept*", I was describing this sensory psychological static pleasure (not the kinetic act of reading words) which we simultaneously receive when acquiring knowledge as I understood from VS-27.

Quote

VS-27 ... *in philosophy, pleasure goes hand in hand with knowledge; for enjoyment does not follow comprehension, but comprehension and enjoyment are **simultaneous***
... [Bailey]

According to your Emily Austin reference in your Substack post ([Against Katastematic Supremacy](#)) on this topic (See Chapter 4, note 8.), "*katastematic pleasures are sensory*

*pleasures that issue from confidence in one's ability to satisfy one's necessary desires and an **awareness of one's healthy psychological functioning**".*

As you have made this **k v. k** a MAJO **red label** issue, I am trying very hard to understand how to make practical application, while not engaging in an academic disputation, for which I feel ill-equipped to engage on this forum (e.g. reading [Nikolsky](#) requires knowledge to translate ancient Greek and Latin quotes and words in almost every paragraph).

I appreciate any constructive help in understanding this controversy.