

Marriage, Children, & Personal Relationships - Greater Difficulties and Risk Can Make Them Harder Than Ever. Epicurean Perspectives on Remedies

Post by “Kalosyni” of July 19, 2026 at 8:47 AM

Some thoughts this morning, regarding the influence of popular music in the US, and which I think can have an influence on people's angst regarding personal relationships and marriage. Because I believe that music affects people's minds greatly. Also teens idolize the music popstars -- so there are the music lyrics and lifestyles of a few people influencing masses of people -- and it seems that lyrics have become much more negative and also affect how teens form identity. And it's actually quite shocking how some music lyrics can be so dark without presenting any hope of overcoming or resilience.

Image not found or type unknown

<https://www.epicureanfriends.com/thread/5177-marriage-children-personal-relationships-greater-difficulties-and-risk-can-make/?postID=40774#post40774>

[Popular song lyrics have become more negative since 1973, analysis reveals](#)

Over the past 50 years, the lyrics of popular songs in the U.S. have become simpler, more negative, and contain more stress-related words, according to an...

phys.org

This a "chicken-or-the-egg" as far as which came first - the creators who create negativity or the societal desire for the consumption of negativity.