

Discussion of the thread - Against Katastematic Supremacy - Pleasure Is A Unified Whole And Not A House Divided - Forum Editorial Policy

Post by “Bryan” of July 18, 2026 at 10:03 PM

[Quote from Cassius](#)

If katastematic means simply stable and established then say so, and talk in plain terms about how much we value and appreciate things that we have been able to make stable and established in our lives.

I think there is a lot of common ground to be found here!



Epicurus cannot conceive of the good without active pleasures, just as we cannot conceive of a brick building without bricks.

You are certainly correct to say that we need bricks to construct brick buildings!

However, it is also clearly true that a single brick -- or even a huge pile of bricks -- is not as good as a whole stable and established brick building.

Consider:

(1) The active pleasure of studying and talking with friends.

versus

(2) The stable pleasure of confidence (*based on what you have studied*), or the stable pleasure of security (*based on friends and family*).

(1) = the building blocks we use to build

(2) = our established building

