

FollowUp On Quote Submitted By Pacatus - "It is not a sign of good health to be well adjusted to a sick society."

Post by "Patrikios" of July 18, 2026 at 10:26 AM

[Quote from Cassius](#)

I see no evidence whatsoever that "save me from every pain no matter what the cost" is how the ancient Epicureans lived. The academics of the last fifty years will no doubt deny that that is what they are saying, but that's the clear logical conclusion of putting the common understanding of "absence of pain" first in life.

[Cassius](#)

Who are the "*academics of the last fifty years*" that teach Epicurean heresy of tranquility above all? Do you have a list of these authors we should avoid?

Is it wrong to pursue both kinetic and katastemic pleasures, especially the katastemic pleasures one feels when deeply studying and grasping some deep Epicurean concept? In order to achieve this katastemic pleasure, I have to eliminate (or reduce to not notice) physical pains and mental anguish first. Is this a wrong approach to applying Epicurean philosophy to avoid pains and achieve some level of ataraxia and aponia, in order to pursue pleasures, including pursuing katastemic pleasures?