

Experiential Avoidance of Pain / Aversion to Pain

Post by "Cassius" of July 10, 2026 at 12:23 PM

I may have more to say later but this is why you don't listen to stoics - or anyone who advocates relief from pain rather than pleasure - as what Epicurus taught as the Supreme Good.

The whole premise of the article is built on a false conception that Epicurus advocated tranquility ABOVE pleasure. If you want that, you should indeed be a Stoic.