

# The Relationship of Happiness and Blessedness

Post by “Cassius” of July 9, 2026 at 3:20 PM

[Quote from Pacatus](#)

I have become more and more a “one day at a time” kind of guy.

And that's why I see this as relevant to the other thread on how widespread literacy was in the ancient world, and why it grew so well in the Roman world in particular. When you are practical-minded and have limited time to pore over abstract texts, you have no choice but focus on practical conclusions and applications.