

The Relationship of Happiness and Blessedness

Post by “Pacatus” of July 9, 2026 at 2:49 PM

I have become more and more a “one day at a time” kind of guy. And although I might draw from other sources where it seems helpful, it is mostly Epicurean philosophy that helps me with that. I think of myself as “mostly Epicurean” – it’s what I keep coming back to. (My use of the word “eclectic” for myself a while back may have been ill-considered, at least in any broad philosophical sense.)