

# The Relationship of Happiness and Blessedness

Post by "Cassius" of July 9, 2026 at 2:25 PM

## [Quote from Pacatus](#)

This is exactly the kind of ideal (in the sense of ultimate goal or telos) I no longer entertain, let alone strive for – like Nirvana or Bodhi or “big Satori.” I just let that kind of thing go – relaxing from it, as it were.

I 100% agree Pacatus, and while also not denigrating any sincere Epicurean's argument about this, I think it's very very dangerous to look at it that way. Human life can and *should* target conceptual ideals as a way to visualize the best life, as a way of making the best decisions, but if you think that your targeting is going to actually make you an Epicurean god, you're sadly deluded, and I don't see the texts justifying that as what the Epicureans meant. Living "as a god among men" cannot have meant that you are going to live as an ACTUAL god among men.