

The Relationship of Happiness and Blessedness

Post by “Pacatus” of July 9, 2026 at 11:00 AM

I know this has been discussed before, but I forget. 😞 What exactly do we mean by “blessedness” (in simple terms)? It seems to me something like “sainthood” (say, in the sense of Orthodox Christianity - not the Lutheran “sainthood of all believers”.)

It does not seem like something I strive for, or am much interested in. I just try to live a happier life - in terms of more pleasure (kinetic/katastematic), less pain (physical/mental) by my choices, one day at a time.

But maybe I misunderstand ...

Sorry if this is an interruption of the discussion.