

What Would Epicurus Say To Someone Who Said To Him That The Value of Being Dead and Being Alive Are Equal?

Post by “Kalosyni” of July 8, 2026 at 9:31 AM

The original question: **What Would Epicurus Say To Someone Who Said To Him That The Value of Being Dead and Being Alive Are Equal?**

Let us suppose that there is a person who is in daily bodily pain, and who is having difficulty in managing that pain, then that person may ask themselves if it feels "worth it" to be alive while suffering so much (perhaps it was a terrible car accident which caused this, or perhaps it is old age pains). But...death is cessation of all feeling and consciousness -- and so that particular person may be left with a conundrum, if they feel that both life and death seem to them of equal "value". (And because I think that there are some situations in which strong pains may actually interfere with living).