

# World's Worst Epicurus Videos

Post by "Cassius" of July 3, 2026 at 11:59 AM

Sometimes I don't know why but I subscribe to a google alert that gives me new references to Epicurus.

This video just came over that feed. It's not just an example of homogenized pure-AI clickbait. It does have a message, and it perfectly illustrates why I campaign against the "ascetic" and "tranquility above all" interpretation of Epicurus.

This is the common conception of Epicurus out there in the world today, and it requires firm and clear repudiation if [Classical Epicurean Philosophy](#) is ever to make a comeback.

Just in case the clip cuts off the title, the title is:

**"The Man Who Invented "Pleasure" Ate Only Bread and Water"**

<https://www.youtube.com/watch?v=HqPnSeDHM8E>

(Note: Title changed from "Trashy Videos On Epicurus" because "World's Worst" conveys the point better.)