

Rebuttal to a Stoic who stated that "flourishing" would be a "better" goal of life than Pleasure

Post by "Matteng" of July 2, 2026 at 5:03 PM

[Quote from Cassius](#)

[Quote from Matteng](#)

Today podcast episodes revolve around these questions too; I'm going to listen to them again, starting to rehear from episode 280 😊

Good luck because that's at least 40 hours of listening!

😊 Last year, I actually started right from the beginning.

That went on for several months.

But the great thing about it is that you stay more in the context and don't have to wait a week—it's basically "binge-listening" 😄

It hammers the points home 😊