

Welcome Max Duboff

Post by “Don” of July 2, 2026 at 2:30 PM

[Quote from Cassius](#)

Epicurus considered himself to be happy even during his last days of extreme physical pain. ..., as Epicurus tells us that his mental pleasures from friends and philosophy outweighed the physical pains.

Slight quibble: he didn't write that his mental pleasures outweighed the physical pains, but he did write that he could contend with his pains with the mental pleasure of his memories.