

# What Would Epicurus Say To Someone Who Said To Him That The Value of Being Dead and Being Alive Are Equal?

Post by “Cassius” of June 24, 2026 at 7:58 PM

## [Quote from Todd](#)

To me, this is not the same question. As I understand it, the question is specifically regarding one's own life or death.

I could defend that being a *related* question in the sense that if you think life is not worth living in general then you're not likely to think it's a good idea to bring more children into the world. Strictly speaking I agree they are not the same question but I suspect the causes of one are related to the causes of the other.