

Nietzsche's Eternal Recurrence (Eternal Return) In Relation To Lucretius

Post by "Don" of June 23, 2026 at 8:21 AM

Okay, this is good. I am genuinely curious to follow up on a couple points you made:

[Quote from Cassius](#)

normalizing a fixation on suffering as an acceptable attitude for most people in most normal situations.

[Quote from Cassius](#)

I find find the attitude i quoted offensive, and I feel offended on behalf of the ancient Epicureans that the modern "authorities" would take their philosophy of pleasure and embrace of life and turn it into into an excuse for seeing death as the ultimate reward of life rather than pleasure.

Are there instances of people "seeing death as the ultimate reward of life rather than pleasure"?

[Quote from Cassius](#)

those who say it would be better to never have been born, or once born hasten to death.

I need to go back and read deeper maybe, but is someone like O'Keefe for example actually saying Epicurus wrote that it would have been better to never have been born? I agree that Epicurus ridicules that position but I'm not sure those who write seriously about Epicurus are taking that position when they talk about Epicurus' philosophy "being about" reduction of pain in one's life. I do think some make the philosophy a little milquetoast and overemphasize the pleasure of tranquility, but that tranquility is at least a part of the philosophy. As is the reduction of pain in our lives. Shouting pleasure to all Greeks and non-Greeks also had to include how to get there, by eliminating the pain, fear, and anxiety we are living needlessly under.