

# Eudaimonia and Makariotēs in the Letter to Menoecus

Post by “Kalosyni” of May 30, 2026 at 5:40 PM

[Quote from Cassius](#)

In regard to "free from suffering" that does not mean totally free, right, because we have the example of Epicurus bring happy on his last days while still under great pain?

I just now added in the word "mental"...so now it reads: *free from mental suffering*.