

Ongoing Discussion of Jack Gedney's "Untroubled" Substack Blog

Post by "Cassius" of May 20, 2026 at 8:32 AM

[Quote from Titus](#)

Maybe this discussion about "absence of pain" is an "English" thing.

I don't know that it is limited to England by any means, but I'd say that England seems to produce the highest concentration of it. Further, it goes deeper than the "stiff upper lip" and "keep calm and carry on" style of Stoicism that became identified with England in WW2. My own ethnic ancestry is English and I'd love to be able to pin this down more thoroughly. I see it as a major problem to be fixed rather than a strength to be cultivated.