

# Ongoing Discussion of Jack Gedney's "Untroubled" Substack Blog

Post by "Don" of May 16, 2026 at 10:23 AM

## [Quote from Cassius](#)

So you are in the "alignment with nature's goal" camp rather than "inborn at birth" camp?

I don't know whether I'd say I'm encamped. That sounds like I'm queueing up for battle. But yeah that appears to be my current (checks watch) perspective.

## [Quote from Cassius](#)

nature as "aligned with the goal of nature"

As aligned with the natural goal of seeking pleasure. The way you stated it seems more of a tautology.

## [Quote from Cassius](#)

Presumably there could be something destructive inborn in us at birth that is NOT aligned with the goal of nature, thus those are two different things.

Agreed, but I'd like us to come up with examples before we plant that flag. According to Epicurus, ALL our actions, decisions, etc. ultimately end up as a pursuit of pleasure.