

Should the Study of Modern Psychology and Positive Psychology be Encouraged?

Post by “Godfrey” of May 15, 2026 at 4:59 PM

[Pacatus](#) ' concluding sentence sounds right to me.

I would add that my somewhat vague understanding of positive psychology is that it is originally based on Aristotelian concepts, so this might compromise it's application to EP. I would also add that, for me, gaining a layman's understanding of basic neuroscience is perhaps more in line with the natural philosophy approach that Epicurus applied.