

PD 25 meaning? by Woolf (2004)

Post by “Bryan” of May 11, 2026 at 1:48 PM

[Quote from Cassius](#)

Can even mental pain be totally eliminated / extinguished?

I'll start with this quote of Epicurus (Lives 10.135b):

"...therefore, study these things and the things akin to them (by yourself, day and night, and with one similar to yourself) and you will never be thoroughly disturbed, neither in wakefulness nor in a dream..."

It is true that here Epicurus uses "διαταράττειν (to thoroughly disturb)" instead of "ταράττειν (to disturb)"