

## PD 25 meaning? by Woolf (2004)

Post by “Bryan” of May 11, 2026 at 1:30 PM

We are all aware, but it is good to keep in mind that Epicurus distinguishes between *bodily pain* and *mental pain*.

Bodily pain can often be mitigated by a prudent lifestyle -- but only mental pain can be fully eliminated through a prudent application of philosophy.

τὸ <b>ἀλγοῦν</b> τὰ <b>ἀλγοῦντα</b>	what causes pain	<b>ΑΛΓΟΥΝ</b> <i>pain</i>
τὸ <b>λυπούμενον</b> τὰ <b>λυπούμενα</b>	what distresses	<b>ΛΥΠΟΥΜΕΝΟΝ</b> <i>vexation</i>