

PD 25 meaning? by Woolf (2004)

Post by “wbernys” of May 11, 2026 at 11:46 AM

[Quote from Cassius](#)

And yet on the last day of his life Epicurus considered himself happy / and/or considered it to be among his happiest days despite his excruciating pain.

How would you reconcile that?

He never says it is among the happiest days of his life, he simply says it's a blissful/happy day and that he sets gladness of the mind towards past conversations, this allows him to have more pleasure than pain with the mind offsetting the pains of the flesh.

The lesson is that he has joy more often than not despite the pain, whereas others would be constitutently miserable the entire time, not that he's in the best possible state he could be in and always experiences joy.