

Innovations/Updates in Epicurus Philosophy

Post by “Adrastus” of May 7, 2026 at 11:19 PM

[Quote from Cassius](#)

We are all pursuing the study of Epicurus as we see best, and it's my strong opinion that we're all making better progress pursuing out individual threads than we would be if we were constantly "turned off" by the approach of people who are friends but who see things differently.

I appreciate happening to catch this sentiment as I think it firmly extends the hand to folks like me who aren't scholarly or even particularly philosophical. I rarely read other philosophy, but I experience practices drawn from other frameworks, and working deeply with experiences of building community and interacting within community; and I always try to interpret these experiences through Epicurean lenses because EP is the only thing I actually know in greater detail and with greater play and fluctation within. I probably go too far with some of my stretching the meanings of words and a lot of that work is largely "soulful" in answering calls within my own soul to re arrange and fit these odd globs of clay into the extant many, but finite moulds of possible compounds haha... (there I go again.)

Maybe I am some self-styled Epicurean Mystic... wishing to experience things directly without completely being scholarly or sagely in deliberately reading other frameworks that are so foreign to Epicurean Philosophy. I appreciate this forum so much for not being too willing to move beyond the classical Epicurean texts. Anyway, I am off to go see and do. Peace and Safety.