

# Why Emily Austin's "Living For Pleasure" Book Title Is Particularly Apt

Post by “Patrikios” of April 16, 2026 at 3:44 PM

[Quote from Cassius](#)

1 Timothy 5-6: But the widow who lives for pleasure is dead even while she lives.

From a naturalist or Epicurean standpoint, the widow who studies nature, cultivates reason, builds friendships, and finds peace through understanding the world around her is living with extraordinary richness and intentionality. Calling that “dead” does seem not just wrong, but almost perverse. The Epicurean widow arguably has more honest courage — she faces mortality, uncertainty, and the indifference of nature without flinching, and finds joy anyway!