

Discussion of Blog Article - "In Troubled Times, Young People Should Turn To Epicurus Rather than The Pope"

Post by "kochiekoch" of April 15, 2026 at 2:03 PM

From what I understand, the supposed religious revival among Gen Z's is mostly hype. There are some isolated pockets of mini revivals, but the Z's have the least interest in religion than any other generation in US history. Some 1/3 of them are 'nones'.

What they do have is more interest in the supernatural and in DIY 'spirituality' and that might be an opening for a philosophy like Epicureanism that offers coherence, structure and a secular view of life.

And it's a great alternative to Stoicism as many Epicureans come by that route. ☐☐