

# Welcome ReiWolfWoman!

Post by “ReiWolfWoman” of April 10, 2026 at 10:17 PM

[Quote from Joshua](#)

Quote

My rhetoric professor in grad school attributed Epicurus with moderation, which I can understand but I don't see it as his actual point - more like being (reasonable\*) and “sensible” in its classical definition of awareness and affectedness of the senses.

I probably wouldn't express it the following way normally, but since you have posed an interesting question and it can be helpful to think out loud sometimes, I might answer it this way:

I suggest that Epicurus advocated not moderation, but what modern philosophers following Max Weber call *instrumental rationality*; choices (and avoidances) are considered rational when they are expected to lead to a desired end, which for Epicurus is the end of increasing pleasure and reducing pain.

In any case, welcome!

Thank you! That's an interesting way of looking at it. Outside of pure logic, I think all rationality is based on a desired end. Even when it claims to be objective, it usually has a motive. That's one reason I appreciate Epicurus, for professing such end(s).