

# Welcome ReiWolfWoman!

Post by “Joshua” of April 9, 2026 at 11:09 PM

Quote

My rhetoric professor in grad school attributed Epicurus with moderation, which I can understand but I don't see it as his actual point - more like being (reasonable\*) and “sensible” in its classical definition of awareness and affectedness of the senses.

I probably wouldn't express it the following way normally, but since you have posed an interesting question and it can be helpful to think out loud sometimes, I might answer it this way:

I suggest that Epicurus advocated not moderation, but what modern philosophers following Max Weber call *instrumental rationality*; choices (and avoidances) are considered rational when they are expected to lead to a desired end, which for Epicurus is the end of increasing pleasure and reducing pain.

In any case, welcome!