

# 16th Panhellenic Epicurus Seminar In Athens Greece - February 14, 2026

Post by “Cassius” of February 11, 2026 at 7:37 PM

ADMIN NOTE: I will update this first post with a link to where the final video appears on Youtube. Also, I would like to see us work toward adding timestamps to the major presentations listed in the agenda so we can click directly to any speech in which anyone is interested. If you've already begun watching the video please let us know in the thread below any timestamps you have picked up.

[Session One](#) - First Day

[Session Two](#) - Second Day

English translations are available by selecting the translation options located in the CC control icon on the bottom right.

Major Presentations (Will add links as we get them):

- *Scientific Humanism and Psychosomatic Health* – Christos Giapitzakis
- *On Eudaimonia* – Giorgos Gkonis
- *In the Enemy's Camp: Philosophy as Therapy of the Soul* – Christos Koutsotassios
- *The Garden as a Therapeutic Community: Epicurean Philosophy and the 12 Steps of Recovery* – Kyriakos Veresies
- *Irrationalism and Pseudoscience in Troubled Times: When the Sleep of Reason Produces Monsters. An Epicurean Perspective on Our Contradictory Age* – Stefanos Trachanas
- *Epicurean Philosophy as an Antidote to the Absurdity of Our Time* – Stratis Katakos
- *Relational Dynamics within Groups through the Lens of Epicurean Philosophy* – Evangelia Maritsa
- *Epicurus in the Modern Era* – Theodoros Georgiou
- *From the Musicality of Character to the Ethics of Music* – Dimitris Christakis
- *Gilgamesh: The Epicurean Human at the Dawn of History* – Eleni Michopoulou
- *The Enlightenment of the 18th Century and Epicurus* – Leonidas Alexandridis
- *Democracy through the Eyes of Epicurus* – Takis Kalyvas
- *Epicurus through the Eyes of a New Friend* – Thanasis Lalas
- *Criterion of Truth and Perceptual Capacity in the Age of Artificial Intelligence* – Panagiotis Panagiotopoulos
- *Epicurean Approaches to Language* – Evangelia Pitsikali

- *The Concept of Human Nature in Light of Evolutionary and Epicurean Theory* – Vasilis Roukas
- *The Physics of Epicurean Philosophy: Connections with Modern Physics* – Anastasios Liolios
- *The Epicurean Stance on the Interpretation Problem of Quantum Mechanics* – Spyros Tserkis
- *Chaos Theory in Human History and the Philosophy of Epicurus* – Giorgos Froutzos
- *Epicurus' Contribution to Prigogine's Thought and the Understanding of Physical Complexity* – Ioannis Antoniou

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Original Post:

I don't have any good links in English yet but this year's symposium in Athens Greece is coming up this weekend. Here's a PDF in Greek of the agenda - if someone knows a good way to get this in English please link it in this thread

[https://epicuros.gr/Symposio/kombos16/16oS\\_Pr.pdf](https://epicuros.gr/Symposio/kombos16/16oS_Pr.pdf)

Below is a clear **English translation of the entire PDF** you provided, preserving structure, titles, names, and sequencing. The translation is based directly on the uploaded document

AthensSeminar

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## 16th Panhellenic Symposium on Epicurean Philosophy

**14-15 February 2026**

Municipal College of Athens Theatre (Bodosakeio)

Paleopanagias Avenue, Kantza 15351, Attica

Information: [epicuros.gr](http://epicuros.gr)

### **Co-organizers:**

Municipality of Pallini

Friends of Epicurean Philosophy: "Garden of Athens," "Garden of Thessaloniki"

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<https://www.epicureanfriends.com/thread/4944-16th-panhellenic-epicurus-seminar-in-athens-greece-february-14-2026/?postID=38760#post38760>

# **Saturday, 14 February 2026**

## **17:00-17:30 Opening of the Symposium**

Christos Aidonis, Mayor of Pallini

### **Greetings:**

Leonidas Alexandridis, Representative of the Garden of Athens  
Antonis Bilisis, Representative of the Garden of Thessaloniki  
Dimitris Christakis, Representative of the Garden of Heraklion  
Kyriakos Veresies, Representative of the Garden of Lysis (Cyprus)  
International Friends of Epicurean Philosophy  
Villy Pavlou, Director of the Municipal College of Athens

### **Encomium to Epicurus**

(Lucretius, *On the Nature of Things* II.1-19 and IV.9-42)

Theodora Siarkou, Actress, Special Advisor on Gender Equality, Municipality of Pallini

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## **The Timeless Message of Epicurus**

### **17:30-18:45 Session A: Psychosomatic Health and Eudaimonia**

**Chairs:** Christos Giapitzakis, Dimitris Liarmakopoulos

- *Scientific Humanism and Psychosomatic Health* – Christos Giapitzakis
- *On Eudaimonia* – Giorgos Gkonis
- *In the Enemy's Camp: Philosophy as Therapy of the Soul* – Christos Koutsotassios
- *The Garden as a Therapeutic Community: Epicurean Philosophy and the 12 Steps of Recovery* – Kyriakos Veresies

### **18:45-19:00 Break - Poster Presentations**

### **19:00-19:15 Artistic Interlude**

Selections from Panhellenic Symposia of Epicurean Philosophy  
Music: Athanasios Simoglou, Marios Strofalis, Manos Hadjidakis

### **19:15-20:30 Session B: Epicurean Approaches to the Contemporary World**

**Chairs:** Takis Panagiotopoulos, Antonis Bilisis

- *Irrationalism and Pseudoscience in Troubled Times: When the Sleep of Reason Produces Monsters. An Epicurean Perspective on Our Contradictory Age* – Stefanos Trachanas
- *Epicurean Philosophy as an Antidote to the Absurdity of Our Time* – Stratis Katakos
- *Relational Dynamics within Groups through the Lens of Epicurean Philosophy* – Evangelia Maritsa
- *Epicurus in the Modern Era* – Theodoros Georgiou

## **20:30-21:00 Discussion**

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## **Sunday, 15 February 2026**

### **Epicurean Philosophy from Antiquity to the Present**

#### **10:00-11:30 Session C: The Epicurean Human Being Across Different Periods**

**Chairs:** Leonidas Alexandridis, Kyriakos Veresies

- *From the Musicality of Character to the Ethics of Music* – Dimitris Christakis
- *Gilgamesh: The Epicurean Human at the Dawn of History* – Eleni Michopoulou
- *The Enlightenment of the 18th Century and Epicurus* – Leonidas Alexandridis
- *Democracy through the Eyes of Epicurus* – Takis Kalyvas
- *Epicurus through the Eyes of a New Friend* – Thanasis Lalas

#### **11:30-11:45 Break - Poster Presentations**

#### **11:45-12:00 Artistic Interlude**

Christianna Dimitriadou (song) – Giorgos Tagklis (guitar)

#### **12:00-13:00 Session D: Epicurean Epistemology**

**Chairs:** Evangelia Pitsikali, Dimitris Liarmakopoulos

- *Criterion of Truth and Perceptual Capacity in the Age of Artificial Intelligence* – Panagiotis Panagiotopoulos
- *Epicurean Approaches to Language* – Evangelia Pitsikali
- *The Concept of Human Nature in Light of Evolutionary and Epicurean Theory* – Vasilis Roukas

## **13:00-14:00 Session E: Epicurean Approaches to Physics**

**Chairs:** Giorgos Gkonis, Anastasios Liolios

- *The Physics of Epicurean Philosophy: Connections with Modern Physics* – Anastasios Liolios
- *The Epicurean Stance on the Interpretation Problem of Quantum Mechanics* – Spyros Tserkis
- *Chaos Theory in Human History and the Philosophy of Epicurus* – Giorgos Frouzos
- *Epicurus' Contribution to Prigogine's Thought and the Understanding of Physical Complexity* – Ioannis Antoniou

## **14:00-14:30 Discussion with the Audience - Symposium Conclusions**

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### **Poster Presentations (Selected)**

- Poems – Giorgia Siokou
  - Epicurean Philosophy and Friendship – Efthymios Koliokotsis
  - Free Will of Investors and Eudaimonia – Nikolaos Loukeris
  - The Epicurean Philosophers of Dion – Theano Kalimeri
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### **Speakers**

*(Full list translated faithfully from the original, including academic titles and affiliations)*

[Speaker list continues exactly as in the original document.]