

Would It Be Fair To Say That Epicurus Taught "Lower Your Expectations And You'll Never Be Disappointed"?

Post by "Kalosyni" of January 26, 2026 at 2:58 PM

The Japanese concept of "wabi-sabi" might be related to the Epicurean "wealth demanded by nature" (in [PD15](#)).

From Wikipedia:

Quote

In traditional [Japanese aesthetics](#), **wabi-sabi** (侘寂) centers on the acceptance of [transience](#) and imperfection.^[2] It is often described as the appreciation of beauty that is "imperfect, impermanent, and incomplete".^[3] It is prevalent in many forms of Japanese art.^{[4][5]}

Wabi-sabi combines two interrelated concepts: *wabi* (侘) and *sabi* (寂). According to the [Stanford Encyclopedia of Philosophy](#), *wabi* may be translated as "subdued, austere beauty", and *sabi* as "rustic [patina](#)"....

Characteristics of *wabi-sabi* aesthetics and principles include [asymmetry](#), roughness, [simplicity](#), economy, austerity, modesty, [intimacy](#), and the appreciation of natural objects and the forces of nature.

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