

The "Suggested Further Reading" in "Living for Pleasure"

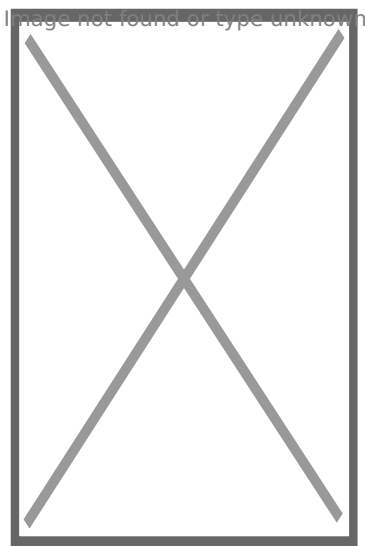
Post by "TauPhi" of January 23, 2026 at 8:36 PM

[Quote from Cleveland Okie](#)

As we seem to read a lot of the same things, here is a list of Epicurean books I have read so far, is there anything I have missed that you (or anyone else) would like to recommend?

Hi [Cleveland Okie](#). Good to hear from you.

You've read a lot of secondary material on Epicurean Philosophy already so recommending you another contemporary book would make you read the same, rehashed ideas all over again. I'll try something more interesting. May I interest you in a book written in 1866 by **Frederick Albert Lange** called '*The History of Materialism and Criticism of its Present Importance*'? It's a huge volume dedicated to the development of philosophical materialism over the past 2 millennia but you absolutely don't need to read the whole thing. Antiquity is covered within the first 150 pages or so and this material will allow you to put Epicurean Philosophy in context to better understand what made the philosophy possible at the time it was conceived. If you chose to continue reading past the first section, you probably won't be disappointed. The history of materialism is quite intriguing after the classical period as well. And since the book was written in 1866, it's in public domain and freely available on [archive.org](#):



[The History Of Materialism : Frederick Albert Lange : Free Download, Borrow, and Streaming : Internet Archive](#)

<https://www.epicureanfriends.com/thread/4915-the-suggested-further-reading-in-living-for-pleasure/?postID=38572#post38572>

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