

The "Suggested Further Reading" in "Living for Pleasure"

Post by "Cleveland Okie" of January 22, 2026 at 11:39 PM

[Matteng](#) I second Joshua's recommendation of *The Swerve*. Aside from its Epicurean interest, it is a really fun read.

If "Epicureanism in the Renaissance" is an interest for some of y'all, I would also recommend Ada Palmer's *Reading Lucretius in the Renaissance*. Palmer is a historian at the University of Chicago, also a science fiction novelist, also a musician, also a bunch of other things. She is a "Renaissance woman" in double meanings of the term; i.e., she specializes in the Renaissance, but also works at the high level in a variety of fields. I am pretty sure she says that she and Greenblatt showed each other's manuscripts to each other as they were working on their books.

As we seem to read a lot of the same things, here is a list of Epicurean books I have read so far, is there anything I have missed that you (or anyone else) would like to recommend?

Hellenistic Philosophy, John Sellars

The Cambridge Companion to Epicureanism, James Warren, editor.

Epicurus and His Influence on History, Ben Gazur

The Fourfold Remedy: Epicurus and the Art of Happiness, John Sellars.

A Few Days in Athens; being the Translation of a Greek Manuscript Discovered in Herculaneum, Frances Wright

On the Nature of Things, Lucretius, Ian Johnston translator.

Epicureanism, Tim O'Keefe.

Tending the Epicurean Garden, Hiram Crespo.

The Epicurus Reader: Selected Writings and Testimonia, Epicurus, Brad Inwood, Lloyd P. Gerson

Reading Lucretius in the Renaissance, Ada Palmer.

Living for Pleasure: An Epicurean Guide to Life, Emily Austin.

How to Be an Epicurean: The Ancient Art of Living Well, Catherine Wilson.

Epicureanism: A Very Short Introduction, Catherine Wilson. 11-2021

Epicurus and His Philosophy, Norman W. DeWitt.

EPICURUS and THE PLEASANT LIFE: A Philosophy of Nature Kindle Edition- November 30, 2022 - Revised and Expanded 2nd Edition, Haris Dimitriadis