

# What Is The Relationship Between "Hedonic Calculus" Analysis" and "Natural and Necessary Desire" Analysis?

**Post by "Godfrey" of January 22, 2026 at 5:56 PM**

I specifically disagree with that 😊

I rule out the unnatural desires, but find the unnecessary desires to be a source of great pleasure. The key to enjoying pleasures resulting from unnecessary desires is to realize that you can thrive without them and yet can fully enjoy them when they're readily available. For me, ruling out the unnecessary veers toward a life of asceticism.

Another thing that I find to be true, at least for me, is that what is necessary can change with changing circumstances but what is unnatural is rather consistent.