

Welcome Claire46!

Post by “Cassius” of January 1, 2026 at 8:26 AM

Claire46 tells us:

This is to confirm my request for a new account.

Hello there, I have minimal background in studying formal philosophy or the Stoics, but I have recently listened to an Australian podcast where the guest (Brigid Delaney) discussed the positive impacts that following some of the tenets of stoicism has had on her life.

I am also ready for new learning! I have an honours degree in Languages and Literature, and an Education post-grad degree, but my current role does not expand my way of thinking much, and I would like to challenge myself to think more rigorously, at least at times.

Thanks,
Claire46