

# **What Is Happiness? How Does Our Conception of It Derive From Eudaemonia and Felicitas? Should Happiness Be The Goal of Life?**

**Post by “Don” of December 21, 2025 at 9:32 AM**

It seems Felix would be a good Latin translation of Μακάριος (makarios) "blessed, fortunate"

[Charlton T. Lewis, Charles Short, A Latin Dictionary, fēlix](#)